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ISSUE 123 | AUGUST 2010

ON THE COVER

16 10 DAYTRIP DESTINATIONS

Summer vacation is drawing to a close, but that doesn't mean the fun has to end. Take advantage of these last couple of weeks and plan a trip or two to a unique location that's just a hop, skip and jump away. Whether you're looking to pick some locally grown produce, explore the great outdoors or awaken your adventurous side, let us help plan your next day trip.

22 VACATION VALUES

June and July might be the most popular months for family travel, but we're here to let you in on a little secret: With its sweltering heat, swarming crowds and high-season rates, summer isn't necessarily the best time to hit the road. When summer fades into fall, take advantage of all the excellent shoulder season vacation values at destinations across the South.

Online Exclusives

Visit www.ptsnorth.com for even more travel packages and special offers, plus a complete list of college town quick trips!

www.ptsnorth.com

On the Cover

The Omphoy Ocean Resort, Palm Beach, Fla.
Photo courtesy Omphoy Ocean Resort

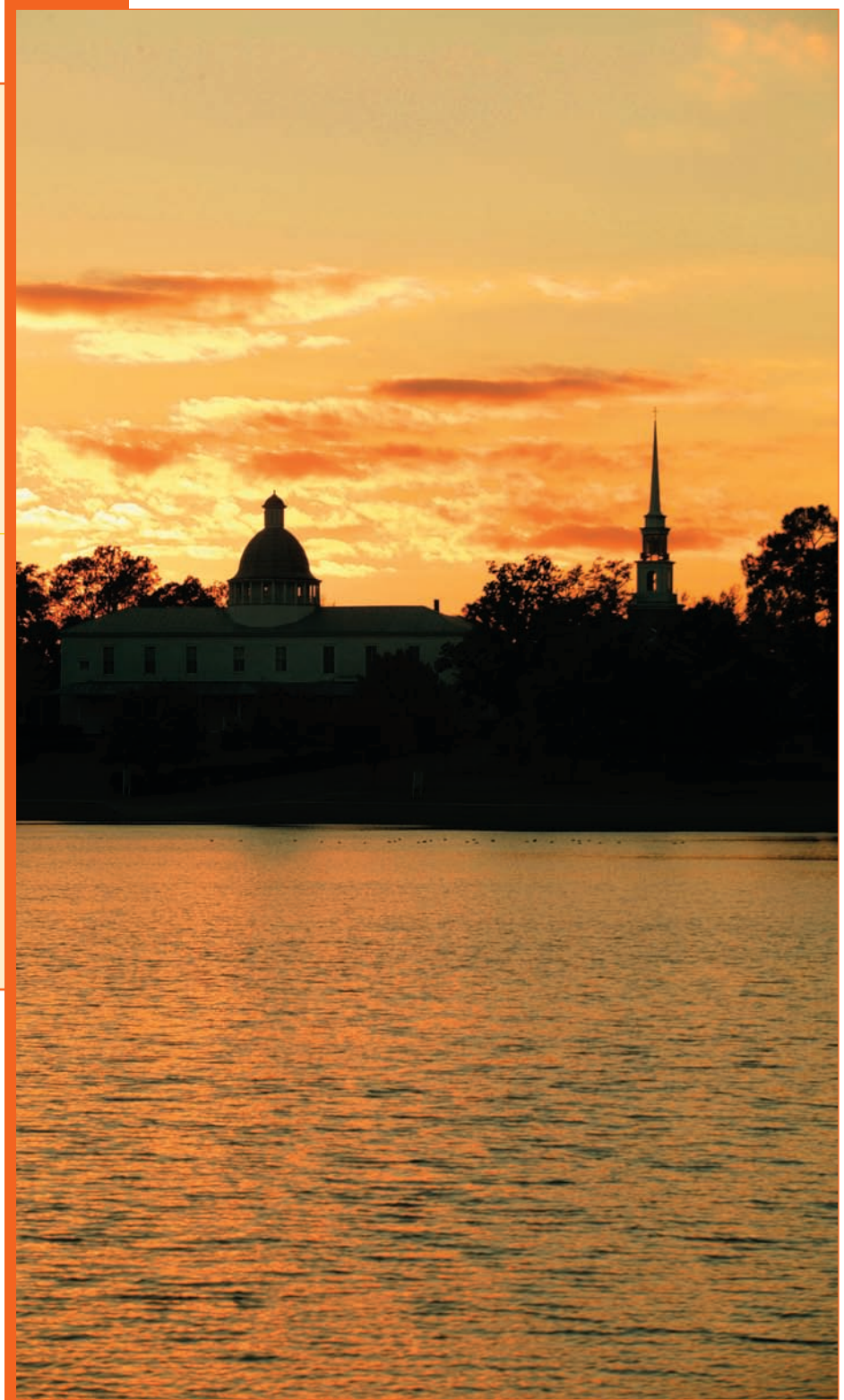


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27 MRS. GEORGIA: LISA MUZI

As a former Jazzercise instructor and franchise owner who embraces a wellness lifestyle wholeheartedly, Alpharetta mom Lisa Muzi is a natural fit for the role of national spokesperson for locally owned Wellness Centers of America. And since taking home the crown in this year's Mrs. Georgia pageant, the reigning wellness queen is in a prime position to share her healthy platform with the nation.



PHOTO COURTESY OF ©GETTY IMAGES/FRANCOIS LACASSE/NHLU

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34 THRASHER'S COACH CRAIG RAMSAY

Craig Ramsay will bring 40 years of National Hockey League experience to the rink as he assumes his position as the fifth-ever head coach of the Atlanta Thrashers this season. This month, he sat down with *Points North* to share his story — one of physical hardships overshadowed by a positive attitude — and the vision of leadership he plans to put into action in Atlanta.



59

10 POINTSNORTH Don't Miss ...

A PEEK AT THE FABULOUS GETAWAYS YOU CAN WIN DURING OUR 10TH ANNIVERSARY GIVEAWAY CELEBRATION ON PAGE 10!

42 NORTH GEORGIA CANOPY TOURS

There's nothing like zooming through the trees with the wind in your face, and no, we're not talking about mountain biking or four-wheeling; we're talking canopy tours. As the heat of summer presses on, soaring through the treetops in Lula, Ga., with North Georgia Canopy Tours could be just the ticket to keep you cool.



PHOTO COURTESY OF TIN LIZZY'S

CHECK OUT MIX IT UP ONLINE!

Add some spice to your dinner table with Tin Lizzy's new Buffalo & Black Bean quesadillas, then cool it down with a pitcher of Grey Goose L'orange Summer Tea. Visit www.ptsnorth.com for the recipes!

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